## How to Access GMS Connect Employee Self Service (ESS)

**Option 1** - Enter the following URL into your browser:

https://gmsee.prismhr.com/gms

## **Option 2**





Enter your Username and Password.

Username and Password will be your Social Security Number with the dashes (i.e. Username = 999-99-9999, Password = 999-99-999) unless you have changed this information previously.



Once you are in you will see your personal employee self-service dashboard below. Note that your dashboard may appear different depending on which GMS services you have. Select "Payroll" then "Check History" to see your check stubs.



